
WELCOME TO
Pleasure, Play & Connection
How to Use Tantric Practices to Enhance (or Save!) Your Relationship

Our vision of partnership has drastically changed over the last 100 years.





These days, we want a genuine partner, a family member, a romantic playmate, a lifestyle soulmate - all rolled into one.

We want the most incredible friendship and the deepest sexual ecstasy...

We want responsibility AND romance.



In most trainings, you'll probably be told that this simply isn't possible...

But we're here to tell you that it IS possible, you just have to learn how to unlock it.

Think of it this way: 100 years ago, if you went to someone and told them they could have this amazing, outrageous life that was filled with both practical responsibility and living magic...



If you told them they could have an adventurous lifestyle and also be on a spiritual path...

They would probably think you were insane, right?



For most people, their conception of what was truly possible in a relationship was very limited by a few different things:



1. It was limited by the story they told themselves about what a human life is about.

2. It was limited in availability of personal development and spiritual practices to expand conscious awareness of what's possible to begin with.





3. It was limited in access to daily rituals and practices designed to upgrade the nervous system and energy body...

Which are SO crucial to reaching your full relationship potential.

But we are here today to tell you that it IS possible...



And to teach you the 3 things you need to apply to your own partnership in order to reach the level of magic you desire.





For those of you who have chosen a life of thriving in your career, your family and your relationship...

And have also chosen to go on personal growth and lifestyle adventures - whatever that looks like for you...

It’s likely that you experience an expanded ability to live compared to, say, your family members or peers or people just a generation or two before you.



And it’s also likely that you can attribute this expanded ability to live to the fact that you told yourself a different story about your life than other people have told themselves about their own.

You probably told yourself that you can have more and do more...

And you likely engaged in some kind of personal development or spiritual practice like therapy or meditation.





And finally, you probably put daily practices like yoga or breathwork or an intentional morning ritual into place...

All of which expanded and enhanced your life above what other people have allowed themselves.

But living life this way, on this higher plane, requires three things.

And if you want the expanded version of partnership, it requires those very same three things...





Except this time, you learn to allow them to shift your relationship, rather than just your concept of your own life.

In this masterclass, we're going to walk you through each of these three things and show you how you can make instant shifts in your relationship today.

But before we do, we want to introduce ourselves so you know who you're spending time with today...



Meet Layla Martin and Dr. Baback Amen:

We're a couple and we're passionate about teaching other couples how to live their best relational and sexual lives.

Layla Martin

- 20+ years of Tantra study and practice
- Studied neuroscience and human biology at Stanford University
- Founder of the proprietary VITA™ Methodology





Dr. Baback Amen

- Lifelong practitioner of esoteric and spiritual modalities
- Leads a multi-disciplinary team of health professionals in Functional Medicine
- Graduated with honors from Monash University


Together, we teach a program called
The
TANTRIC
MASTERMIND
For Couples

The program is a 5-month sacred sexuality adventure for you and your partner...

And it’s designed to unlock your deepest emotional connection and the most erotic experiences you’ve ever had together.



The Tantric Mastermind includes two live, luxury destination retreats where you'll learn things like foundational and advanced Tantra and energy alchemy in the most romantic settings...

Allowing you to elevate your relationship to the profound level we're talking about in this masterclass.

The Tantric Mastermind is enrolling now, you can click the link in the chat to learn more about the program and submit your application!

So, let’s dive in:

The first thing you need to elevate your relationship is to shift your story about what a relationship is.





The second is, you have to apply spiritual or personal development principles to your partnership in the same way you apply them to your life.

And the third thing is, you have to start using daily rituals and practices to unlock these capacities within your relating.



So let’s break this down, starting with changing your story:

When you change a story, the first thing you have to do is understand the story you currently hold.



These are some of the stories I see in a lot of relationships:

- Survival
- Longevity at all costs
- Proof of lovability / worth
- Only parents
- Practical partners

Now, some of these stories play into ALL of our relationship behavior...



But we'd like to invite you into a different story:

We call that story **Sacred Union.**

Sacred union means you hold a deep belief that you and your partner were brought together in a spiritual way...

That your partner is meant to meet you from a space of deeper consciousness and connection.



It’s an inner knowing that your union is meant to help you grow into the depths of your sexual capacity and help you heal things like underlying trauma and wounding around intimacy...

Which allows you to fall in love with a real, flawed human and to do it with an open heart.



What most people don’t know is that all of the ways you can experience spirituality solo...

Like connecting to inner peace, a deeper sense of self, a playful flow state of magic... you can actually share this with your partner as well.



Spirituality isn’t meant to only be a solo endeavor, it’s meant to be shared.

Having a cosmic orgasm at the height of ecstasy while looking into your beloved's eyes and feeling the communion of your souls is truly one of the peak experiences of this path.



Next, let's talk about the second thing you need to elevate your relationship to sacred union...

You need to apply personal development and spiritual growth practices to your relationship.

Let's take all of this deeper and then we'll do a live ritual together for your partnership that you can use on a daily basis.

THE RELATIONSHIP CONUNDRUM

- Everyone wants depth, growth and “more”
- Deeper sex, deeper intimacy, deeper safety & love
- Growth sexually, emotionally and spiritually
- More sex, intimacy, safety & love

This is a function of nervous system capacity & depth:

- An ability to grow & transform in your partnership

While many of us desire this, it becomes inevitable that we become stuck when we are operating off of old relationship models.

Why?

Because to increase capacity ↠ you have to heal & release

- **Traumas, fears & blockages**

This happens at a nervous system level because sex and intimacy are functions of our nervous systems. Almost no one is taught the process of healing and updating your nervous system to optimize your sexual and relational capacity.

Your nervous system is programmed at a very young age and will stay in that operating mode your entire life unless you consciously intervene.

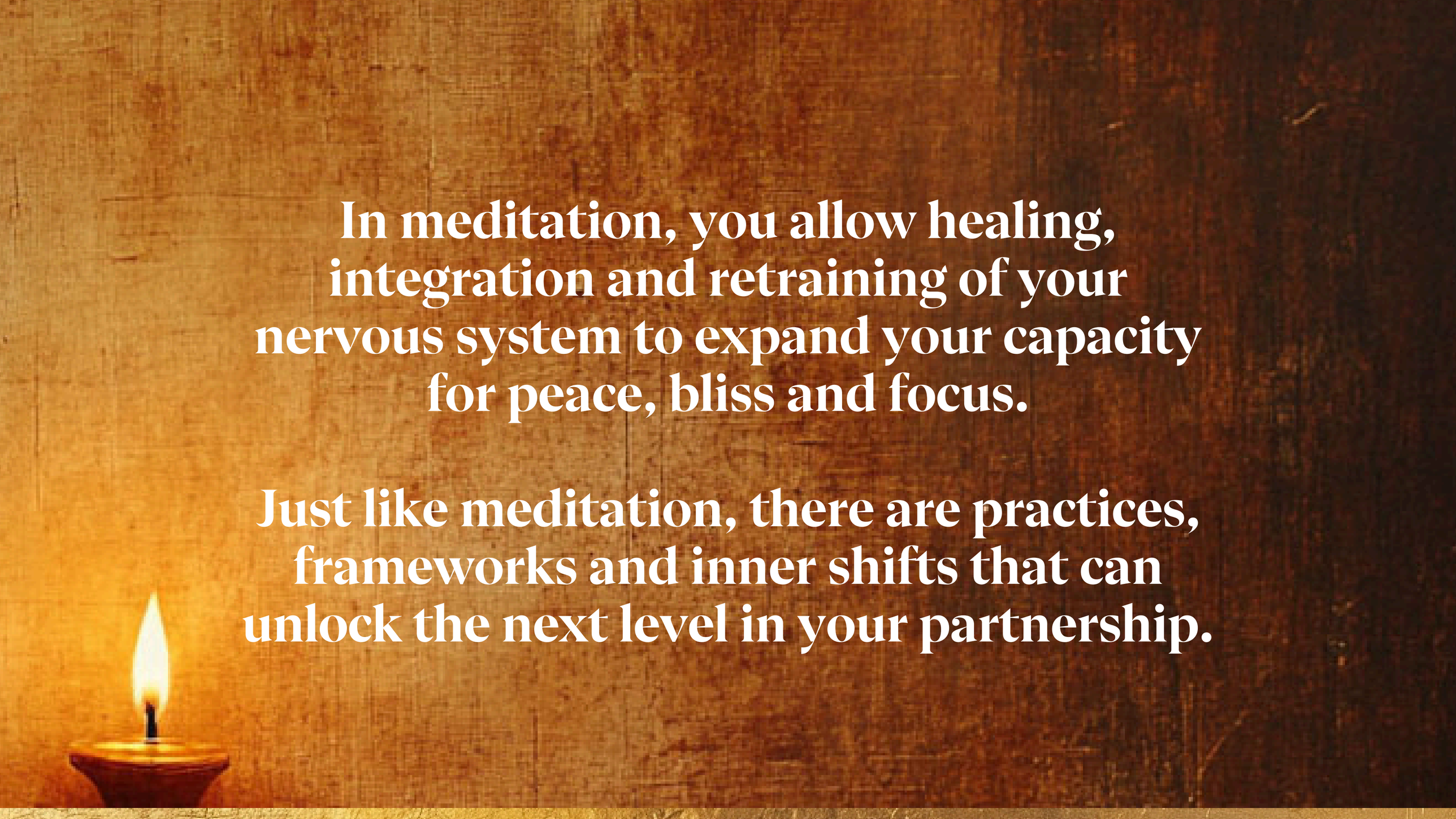
While this may sound esoteric, many of us already change our nervous system functioning through meditation (or breathwork, exercise, NLP and/or trauma healing.)

But the work that we do solo doesn’t always translate to sex and relationships.

We often need to work directly on these pieces to see real nervous system transformation.

Think of sacred union like a meditation for two...




In meditation, you allow healing,
integration and retraining of your
nervous system to expand your capacity
for peace, bliss and focus.
Just like meditation, there are practices,
frameworks and inner shifts that can
unlock the next level in your partnership.

This is what our approach, which combines Tantra, Taoism, sacred sexuality and personal growth & optimization, unlocks for you.

We even incorporate some functional medicine principles as well in this way and adapt a biosocial spiritual model of sexual and relational thriving.

SEX: LIMITATIONS

- Being in conditioned patterns where sex is just a form of release
- Being in our heads during sex instead of in our bodies
- Treating sex as an afterthought or rushing the experience
- Can contain stress, trauma, fear, hangups about body & performance
- Habits and loops created through fantasies, masturbation and porn

This gets in the way of presence, which attracts much deeper communion...

And allows for ecstatic possibilities in remembering.

Too good to be true? Far-fetched?

This may sound too good to be true, farfetched or “out there” or that you have to engage in very esoteric or woo-woo practices to get here...

But nothing could be further from the truth.

By coming into a new paradigm, adopting some new frameworks and adhering to some simple yet powerful exercises, we can show you how to unlock new vistas in intimacy.

Rather than only being a new set of skills that you have to acquire, this endeavor is actually a return to your natural divine blueprint.

It is in essence, your birthright.

You were made to be highly erotic and deeply intimate in your relating, it's just that modern living has mostly taken us away from this.

So, let's talk about some of these frameworks and practices...



EVERYONE CAN DO THIS.

RELATING: LIMITATIONS

- If love was unsafe when you were young, to go back to your original state of natural intimacy, you often have to feel and integrate the pain of not getting the love you wanted originally.
- Many of us learned to deal with being hurt not by feeling our pain, but by resorting to defense mechanisms, and the major ones are what the Gottmans call the “4 horsemen of the apocalypse”relationships:

Contempt, criticism, stonewalling and defensiveness.

While there are many paths to learning healthy communication, the simplest way to understand this is to learn how to deal with emotional pain.

It’s a process of learning to stop defending and protecting and to learn how to say “ouch” and feel your pain rather than attack your partner.

KEYS TO THIS:

- Self-responsibility → Stop blaming my partner when I hurt and immediately attend to my own pain
- Communicate using “I” and ownership of story rather than “you” and certainty
- Using phrases like “always” or “never” and stating truth without ownership of your viewpoint

But the most misunderstood piece, in my experience, is that our hearts have layers of pain from the past.

We can spend a lifetime trying to avoid that pain, but then we also avoid our partner (or attach to our partner) from our pain body rather than forging intimacy by connecting with real depth.

When we do this, our trauma places a glass ceiling on the depth, ecstatic union and possibility with our partner. It’s like you can see it and feel it calling to you, but you can’t seem to break through.





Relationship rituals are a series of actions that you take to improve your intimacy:

- Morning rituals
- Connection rituals
- Sex rituals
- Gratitude rituals

We want to offer you just a small taste of a daily ritual that you can use:

- ⭐ Fears, Loves and Desires
- ⭐ Containment and surrender
- ⭐ Breathwork through the heart
- ⭐ Gratitude

If you feel called to expand into your highest potential as a couple...


INTRODUCING
The
TANTRIC
MASTERMIND
For Couples
Discover what a Tantric approach
to love, sex and relationships can
do for your partnership.



“We’ve been married for 28 years and after The Tantric Mastermind, we're having the best sex we've ever had. I'm so much more attuned to my own body and to my significant other... which is invaluable.”

Pat & Sam, United States


The Tantric Mastermind is a
5-month sacred sexuality
adventure that offers...



Two LIVE, in-person luxury retreats at romantic boutique destinations:



RETREAT #1: TANTRIC SEX FOUNDATIONS

BROUGHTON SANCTUARY YORKSHIRE, UK

Live, in-person training that will set you up to succeed throughout the program. This safe and curated space will allow you to grow and explore in a comfortable way while receiving high-level teaching and feedback.



Broughton Sanctuary, named in ***The Cool List 2024; The 30 most exciting destinations to visit in the world*** by National Geographic Traveller, is a 3,000 acre estate in the countryside of Yorkshire. Established in 1097, the estate holds a rich history.



Upon arrival at the Sanctuary, you'll have access to the full property (gardens, walking trails, swimming and more) and you have your choice of beautiful and one of a kind bedrooms. Every piece of the property offers an abundance of opportunities to invigorate your mind, body and spirit.



RETREAT #2:

TANTRIC SEX & ENERGY ALCHEMY

ENCHANTMENT RESORT SEDONA, USA

The grand finale of your 5-month journey together, a live, in-person retreat that empowers you to reach next-level intimacy through advanced Tantric sex and rituals.



Nestled deep among the red rocks in between groves of pinyon and ponderosa pines, Enchantment Resort offers you blue skies and romantic blankets of stars. You'll be surrounded on all sides by acres of pristine wilderness to connect you to nature and each other.

Plus live pre-retreat calls to lay the groundwork for your training:



4 LIVE pre-retreat Women's Calls with me where you'll learn practices like Crystal Egg, full body energy orgasm, presence and safety skills and feminine polarity

4 LIVE pre-retreat Men's Calls with me where you'll learn how to be multiorgasmic and master techniques for non-ejaculatory orgasms, presence and safety and masculine polarity



Six incredible, erotic date nights together designed to drop you into the most sensual, erotic sexual experiences



- Ecstatic Pussy & Penis Massage
- Energy Orgasm
- Sexual Polarity & Power Play
- Divine Sex Rituals
- Sexual Alchemy Techniques
- Sex Magic





Six relationship skills classes to train you in advanced relationship skills from the top methodologies in the world:

- Nonviolent Communication
- Space Holding Principles
- Trigger and Conflict Resolution
- Fierce Intimacy Work from Terry Real
- Sharing Containers
- Inner Child Healing and Parts Work



Six Tantric Sex Skills classes designed to train you in co-creating the most incredible erotic experiences and build your repertoire of sacred sexuality tools:



- Breathwork for Sex
- Energy & Sex
- Domination & Submission
- Pussy & Penis Stroking Skills
- Massage & Sensual Touch
- Oral Sex Skills



And exclusive access to a comprehensive online learning platform...

...all held within a safe, supportive, inclusive container designed to train you in the power of Tantra or allow you to dive even deeper into your existing Tantra practice

PAY IN FULL

EARLY BIRD

APPLY BY MAY 25th
to SAVE $2,000 PER COUPLE

- Pre-Retreat Foundational Live Classes
- Tantric Sex Training
- Erotic Date Nights - 6 Live Classes
- Relational Skills Training
- Advanced Tantric Sex & Energy Alchemy Training

$10,997
PER PERSON
($4,000 deposit + $6,997/person due in 30 days)

SUPER EARLY BIRD

APPLY BY MARCH 18th
to SAVE $2,000 PER COUPLE

- Pre-Retreat Foundational Live Classes
- Tantric Sex Training
- Erotic Date Nights - 6 Live Classes
- Relational Skills Training
- Advanced Tantric Sex & Energy Alchemy Training

$9,997
PER PERSON
($3,000 deposit + $6,997/person due in 30 days)

STANDARD

APPLY BY JULY 29th

- Tantric Sex Training
- Erotic Date Nights - 6 Live Classes
- Relational Skills Training
- Advanced Tantric Sex & Energy Alchemy Training

$11,997
PER PERSON
($5,000 deposit + $6,997/person due in 30 days)

6 MONTH PAYMENT PLAN

EARLY BIRD

APPLY BY MAY 25th
to SAVE $2,000 PER COUPLE

- Pre-Retreat Foundational Live Classes
- Tantric Sex Training
- Erotic Date Nights - 6 Live Classes
- Relational Skills Training
- Advanced Tantric Sex & Energy Alchemy Training

$1,875
PER PERSON/MONTH
6 MONTHLY PAYMENTS

SUPER EARLY BIRD

APPLY BY MARCH 18th
to SAVE $2,000 PER COUPLE

- Pre-Retreat Foundational Live Classes
- Tantric Sex Training
- Erotic Date Nights - 6 Live Classes
- Relational Skills Training
- Advanced Tantric Sex & Energy Alchemy Training

$1,708
PER PERSON/MONTH
6 MONTHLY PAYMENTS

STANDARD

APPLY BY JULY 29th

- Tantric Sex Training
- Erotic Date Nights - 6 Live Classes
- Relational Skills Training
- Advanced Tantric Sex & Energy Alchemy Training

$3,062
PER PERSON/MONTH
4 MONTHLY PAYMENTS

SUPER EARLY BIRD

APPLY BY MARCH 18th TO SAVE $2,000 PER COUPLE

- Pre-Retreat Foundational Live Classes
- Tantric Sex Training
- Erotic Date Nights - 6 Live Classes
- Relational Skills Training
- Advanced Tantric Sex & Energy Alchemy Training

6 MONTH PLAN

$1,708

PER PERSON/MONTH

PAY IN FULL

$9,997

$3,000 deposit $6,997/person due in 30 days



“After 17 years of an amazing marriage, I didn't think we could be any closer and have any greater intimacy. The Tantric Mastermind has been transformational for both of us on levels that we're going to be unpacking for months.”

Rick & Yoko, Italy

Most couples who joined The Tantric Mastermind in 2024 were quite happy and desired a next level experience...

And they all got it.

However, one couple was on the brink of divorce...



And The Tantric Mastermind taught them tools, practices and skills that allowed them to stay together.

If you and your partner feel called to...

- Step into exquisite next-level erotic experiences
- Develop the deepest emotional safety
- And discover tools to keep you falling in love over a lifetime



Submit your application for The Tantric Mastermind for Couples at the link in the chat!

Q & A

