

MOOD™

Nature wants you to be sexy.



SUMMER DRINK RECIPES

The essentials for a HOT summer

Layla Martin's Sex Magic ritual and refreshing
mocktail recipes featuring MOOD Sex Magic™





Ecstasy doesn't even begin to describe the experience!

“My lover and I went away for the weekend during the full moon, which is always a super erotic time for us to practice sex magic. We both took Sex Magic ...About 20 minutes later OOOh my *%#*€! We had such an incredibly erotic weekend. ”

- Kimberly C.





MOOD™

Strawberry-Mango Tango

(6 Servings)

INGREDIENTS:

- 3 cups frozen strawberries
- 3 cups Ice, divided
- 1 cup water, divided
- $\frac{2}{3}$ cup lime juice, divided
- $\frac{1}{2}$ cup orange juice, divided
- 3 sticks MOOD SEX MAGIC™
- 3 cups frozen mango

DIRECTIONS:

1. Place strawberries, 1 1/2 cups ice, 1/2 cup water, 1/3 cup lime juice, 1/4 cup orange juice and 2 sticks Sex Magic in a blender. Puree until smooth. Transfer to a pitcher or bowl.
2. Rinse out the blender jar. Place mango and the remaining 1 1/2 cups ice, 1/2 cup water, 1/3 cup lime juice, 1/4 cup orange juice and 1 stick Sex Magic in the blender. Puree until smooth.
3. (Optional) Before you layer the frozen margaritas in the glasses, rim the glass with strawberry syrup and decorative pink sanding sugar
4. Decoratively layer the two margaritas in 6 glasses. Leave the layers distinct or partially stir together for a swirled design.

MOOD™ Watermelon Sugar

(1 Serving)

INGREDIENTS

- 2 fresh mint leaves, muddled
- 1 cup Ice
- 3/4 cup watermelon juice
- 1/2 cup sparkling lemon water (or try lemon Italian soda)
- 1 stick MOOD SEX MAGIC™



DIRECTIONS:

1. Mash 2 mint leaves in the bottom of a large cocktail glass or pint glass with a muddler or small wooden spoon.
2. Fill the glass one-third full of ice and add 3/4 cup watermelon juice.
3. Add 1 stick Sex Magic, and use frother or spoon to mix.
4. Top with 1/2 cup sparkling lemon water or soda
5. (Optional) Rim the glass with sea salt or pink sanding sugar, add wedge of watermelon and another mint leaf for garnish



"Omg my gf and I took these the day they came in the mail. We both didn't initially feel anything but started to relax 30 minutes in, and ended up having a mind-blowing session shortly thereafter."

William N.





MOOD™

Pomegranate Passion Margaritas

(6 Servings)

INGREDIENTS :

- 1 tablespoon lime zest
- 1 tablespoon kosher salt (optional)
- 1 cup white tequila, chilled
- 1 cup pomegranate juice, chilled
- ½ cup lime juice, plus 1 medium lime wedge
- 1 stick MOOD SEX MAGIC™ per person
- ¼ cup Triple Sec
- 2 tablespoons simple syrup (see Tip)
- Ice cubes
- Pomegranate seeds for garnish
- Lime slices for garnish

DIRECTIONS :

1. Sprinkle lime zest on a small plate and combine with salt (if using).

Combine tequila, pomegranate juice, lime juice, Triple Sec, Sex Magic sticks and simple syrup in a pitcher.

2. Rub the rims of 6 glasses with the lime wedge and dip in the zest (or zest-salt mixture).
3. Fill the glasses with ice and top with about 1/2 cup margarita mixture each.
4. Garnish with pomegranate seeds and lime, if desired.

MOOD™ Berry Bubbly (Adult) Beverage

(1 Serving)

INGREDIENTS

1 ½ oz vodka

1 stick MOOD SEX MAGIC™

11 oz Mountain Spring berry flavored
sparkling water

½ cup frozen berries (blueberries,
raspberries, blackberries)

Ice cubes

Lime slices for garnish



DIRECTIONS:

1. Combine vodka, Sex Magic, berries and ice in a cocktail shaker or mason jar.
2. Cover and shake until chilled.
3. Transfer to a glass and top with the flavored sparkling water.
4. Garnish with lime, if desired.



"I feel more like I have feminine playful energy, and I need more of that feeling to be honest. It has a lot of good ingredients, so it's part of my vitamin routine, with an extra bonus feel good vibe."

Sarah M.



MOOD™ Sex Magic Spritz

(1 Serving)

INGREDIENTS :

6 medium-size strawberries, quartered

3/4 ounce elderflower syrup

1 stick MOOD SEX MAGIC™

3/4 ounce lemon juice, freshly squeezed

4 dashes rhubarb bitters

3 ounces sparkling rosé wine, chilled,
to top

Garnish: lemon wheel

DIRECTIONS :

1. Add the strawberries, elderflower syrup, Sex Magic, lemon juice and bitters into a shaker with ice.
2. Cover and shake until chilled.
3. Strain into a wine glass over fresh ice.
4. Top with the sparkling rosé.
5. Garnish with lemon wheel, if desired.

Layla Martin's Summer Sex Magic Ritual

Here's a step-by-step guide to a Sex Magic practice you can do in 10-15 minutes on even the busiest days:

- ① Choose one specific desire to manifest and get laser-focused on why you want it and what it will feel like when you have it. Here are some examples: "I desire a deeply intimate partnership" or "I desire deeper passion in my current partnership."
- ② Say your North Star prayer. State out loud, "This desire will manifest in alignment with the good of all beings."
- ③ Set a timer for 2-3 minutes. Begin your self-pleasure practice, building a vibration of passion and turn on.
- ④ Next, set a timer for 7 minutes. For the first minute, start by circling and swirling your sexual energy through your root chakra. On each bell, move your turn on up one chakra. Over the course of the 7 minutes, you'll swirl your sexual energy all the way from your root chakra up to your crown chakra.

- 5 Once your pleasure has built to a peak or orgasmic state, send the energy out from your crown into the universe while entering your 5 Senses Reality.

SIGHT: Picture what it would look like to have this desire in vivid detail, every color, texture and shape.

SOUND: Imagine the sounds you might hear when this desire is yours. Is there music in the air or a soft sensual whisper?

TOUCH: How does this desire feel? Can you feel your lover's hands on your skin or the softness of your surroundings?

SMELL: Imagine the scents you'll experience when your desire manifests.

TASTE: Think of any tastes that enhance your visualization... your beloved's kiss or the taste of your favorite drink.

- 6 Feel the energy come back down into your body, chakra through chakra, all the way to your feet as you allow the vision to become real.
- 7 Take a few moments to relax and integrate your experience.

[Want more? Check out the full Sex Magic practice HERE](#)

DISCLAIMER

THIS PRODUCT MAY LEAD TO ORGASMIC PLEASURE. POTENTIAL SIDE EFFECTS INCLUDE: BEDHEAD, ILLICIT THOUGHTS, INCREASED CONFIDENCE AND EUPHORIA.



INSTRUCTIONS FOR USE

Enjoy MOOD SEX MAGIC daily by mixing one stick pack with 8 ounces water, juice or your favorite beverage.

SUBSCRIBE TO EXPERIENCE SEDUCTION ALL YEAR LONG

SAVE \$10 per product AND (always) FREE shipping.
Select Subscribe & Save at Checkout

shopmood.com

****NOTE: We love that YOU love MOOD SEX MAGIC. Please limit dosage to one stick pack per day.*

About MOOD™'s Founder, Layla Martin



Layla Martin is a visionary and thought leader who teaches on sexuality, relationships, and self-love to people across the globe.

Her devoted study of Tantra for 20+ years along with her sexuality studies at Stanford University have informed her unique teaching process and the creation of her proprietary VITA™ Methodology and her creation of MOOD™ Sexy Supplements.

She combines mystical practices with the most up-to-date scientific approaches to transformation to enable radical liberation, rapid change, and outrageous pleasure.

Her highly effective programs, tools, and practices empower you to experience exquisite sex, shameless self-love, and incredible depths of intimacy.

She's shared her work with over 150 million people and 500,000+ subscribers through her YouTube channel, on her podcast, This Tantric Life, and has a weekly email audience of 375,000+ people.

If you want to experience epic sex, legendary love, and your most magnificent self, follow us on Instagram @shopmood.